



Join us!

Zero Alcohol for Youth Academy

Saturday, May 25, 2019
9:00 am – 4:30 pm

The Council on Recovery
303 Jackson Hill Street, Houston, TX 77007



TOGETHER WE CAN REDUCE ALCOHOL USE AMONG OUR YOUTH

What is a Zero Alcohol for Youth Academy?

Academies are opportunities for youth and adults to collaborate to tackle underage drinking and impaired driving. Sessions are led by Texans Standing Tall staff, Youth Leadership Council members, and local leaders. This day-long event provides:

- An understanding of underage drinking and Zero Tolerance Laws
- Meaningful activities that support effective youth and adult partnerships
- Leadership and community engagement skills
- Tools to effectively create change

The Problem of Underage Drinking

Among Texas youth, alcohol is the primary substance of choice. In Houston, 21% of 7-12th grade students report drinking alcohol before age 13. This is concerning because underage drinking harms the developing brain and is associated with impaired driving, poor academic performance, physical violence, sexual assault, and suicides.

The Power of Youth & Adult Partnerships

When youth and adults work together, people take notice! Many young people are passionate about the issues facing their generation. With support and training from adults, youth can bring valuable energy and effort to improving the community. Young people play a critical role in shaping the programs and policies that affect them. Youth and adult partnerships often result in more effective and sustainable programs, youth-serving organizations, and advocacy.

At an Academy, youth and adults learn to work together to take action and become part of the solution!

Schedule-at-a-Glance

Morning – State and local leaders speak on youth substance use trends and evidence-based prevention strategies

Lunch (provided) – Community building

Afternoon – Interactive breakout sessions

Register Now!

Attendance is **FREE!** Pre-registration is required to ensure sufficient food and seating.
Registration and agenda at Youth.TexansStandingTall.org.



Texans Standing Tall
Together creating healthier
and safer communities.

Questions? Contact Alicia Rosas, Youth Engagement Specialist:
email arosas@texansstandingtall.org or call 512.442.7501