



Opioids: Use, Abuse and Cause of Death

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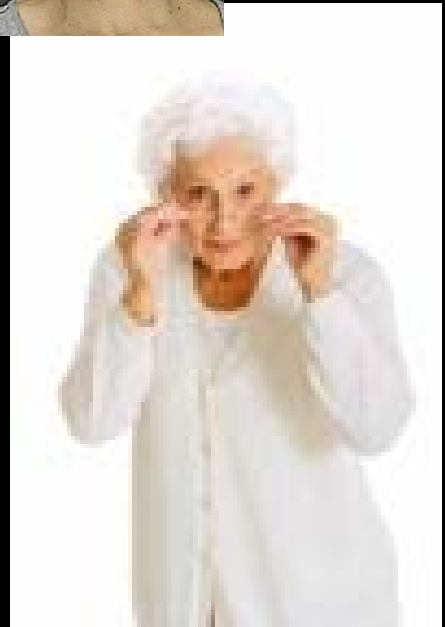
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Opioids

- Opioid: Any psychoactive chemical that resembles morphine or other opiates in its pharmacological effects.





Opioid Use

- Opioid prescriptions have increased substantially in the last 20 years, due to consensus in the medical community that non-cancer pain should be treated.

Product	Prescriptions
Morphine	up 59%
Oxycodone	up 23%
Hydromorphone	up 19%
Fentanyl	up 1168%

Throm. Managing chronic pain: an analysis of the use of opioids. Pharmacy Times (online) July 1, 2005.

Opioid Abuse

- DEA reports a 400% increase between 1998 and 2008 in substance abuse treatment admissions from prescription pain medications.
- ER visits for “non-medical use” of painkillers have doubled over the past 5 years.
 - Defined as: higher than recommended dose, taking a drug prescribed to another, drug-facilitated sexual assault, misuse/abuse.
 - Oxycodone, hydrocodone, methadone most common

Top 100 Drugs

- #22 - Suboxone (buprenorphine)
- #25- OxyContin (oxycodone)

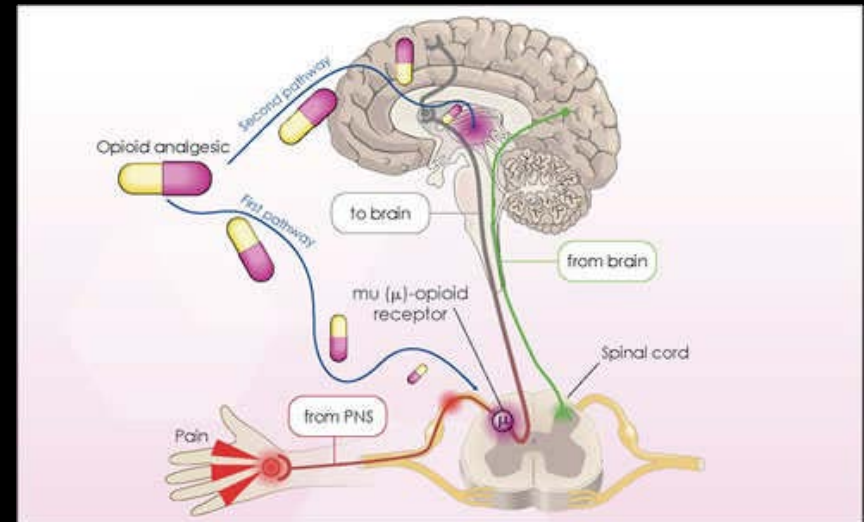
R_x PRESCRIPTION

NAME _____ AGE _____
ADDRESS _____ DATE _____

CLASS _____
REFILL 0 1 2 3 4 5 6 7 8 9 _____

Opioid Effects

- Pain relief (analgesia)
- Euphoria
- Sedation
- Respiratory depression
- Constipation
- Itching
- Constricted pupils



3 Opioid Receptors

- Three major receptor subtypes
 - Mu (μ)
 - μ_1 analgesia
 - μ_2 respiratory depression
 - Kappa (κ)
 - Delta (δ)

Table 2. Summary of opioid pharmacological effects

Opioid receptor	Pharmacological effect
μ (mu)	Analgesia — Supraspinal Respiratory depression Miosis Euphoria Decreased gastrointestinal activity Drowsiness Nausea, vomiting Changes in body temperature Mental clouding Tolerance Increased addiction potential
κ (kappa)	Analgesia — Spinal Diuresis Sedation Dysphoria Mild respiratory depression Miosis Reduced addiction potential
δ (delta)	Analgesia Dysphoria Delusions Hallucinations

Common short-acting opioids

Drug	Example	Dose	Duration
Codeine	Tylenol with Codeine	300 mg/tablet, 1-2 tablets every 4-6 hours	3-4 hours
Hydrocodone	Vicodin, Lortab	5 mg/tablet, 1-2 tablets every 4-6 hours	3-4 hours
Oxycodone	Percocet	20 mg/tablet, every 4 hours	3-4 hours
Meperidine (Pethidine)	Demerol	50-100 mg/tablet or 25-100 mg/mL solutions, every 3-4 hours	2-4 hours
Tramadol*	Ultram, Ultracet	50 mg/tablet, 1-2 tablets every 4-6 hours	3-4 hours

Common long-acting opioids

Drug	Example	Dose	Duration
Oxycodone	OxyContin	10-80 mg every 12 hours	8-12 hours
Morphine	MS Contin	15-200 mg every 8-12 hours	8-12 hours
Methadone	Dolophine	5-100 mg every 8-12 hours	8-12 hours or more
Buprenorphine	Subutex, Suboxone	0.2-0.4 mg every 6-8 hours 2-32 mg daily	8-12 hours at low doses 24-72 hours at high doses
Fentanyl	Duragesic patch	25-200 mcg/hour, every 2-3 days	48-72 hours

Morphine Equivalents

Drug	Opioid Dose (mg)
Morphine (IM,IV,SC)	10.0
Morphine (PO)	60
Methadone (IM,SC)	10
Methadone (PO)	20
Codeine (IM)	130
Codeine (PO)	200
Oxycodone (IM)	12.8
Heroin (IV, SC)	5.0
Fentanyl (IV)	0.1

**A Review of the Effects of Opioids on Psychomotor and Cognitive Functioning
Zacny, Exp and Clin Psychopharm, 3(4)432-466, 1995.**

Adjunct agents for pain

- Anticonvulsants: Neurontin, Lyrica
- Benzodiazepines and muscle relaxants: Valium, Soma
- Local anesthetics: LidoDerm patch
- Serotonin and norepinephrine re-uptake modulators (SSRI): Effexor, Prozac
- Tricyclic antidepressants: Elavil
- Over-the-counter: NSAIDs, Aspirin, Tylenol

A typical medicine list for a chronic back pain patient

- Lortab (hydrocodone) 4-8 per day *for breakthrough pain*
- OxyContin (oxycodone) 40 mg twice a day *for long-acting pain relief*
- Flexeril (cyclobenzaprine) *for muscle spasm*
- Neurontin (gabapentin) *for neuropathic pain*
- Effexor (venlafaxine) *for depression, anxiety and neuropathic pain*
- Xanax (alprazolam) *for anxiety*
- Ambien (zolpidem) *for insomnia*

Opioid routes of administration

- *Medicinal administration*
 - Oral
 - Immediate-release
 - Controlled-release
 - Intramuscular (IM)
 - Intravenous (IV)
 - Epidural
 - Rectal
- *Recreational use*
 - Smoking
 - Subcutaneous (skin-popping)
 - Intravenous (IV) (mainlining)
 - Inhalation



Buprenorphine

6 monoacetylmorphine

Hydromorphone

Oxymorphone

Methadone

Morphine

Fentanyl

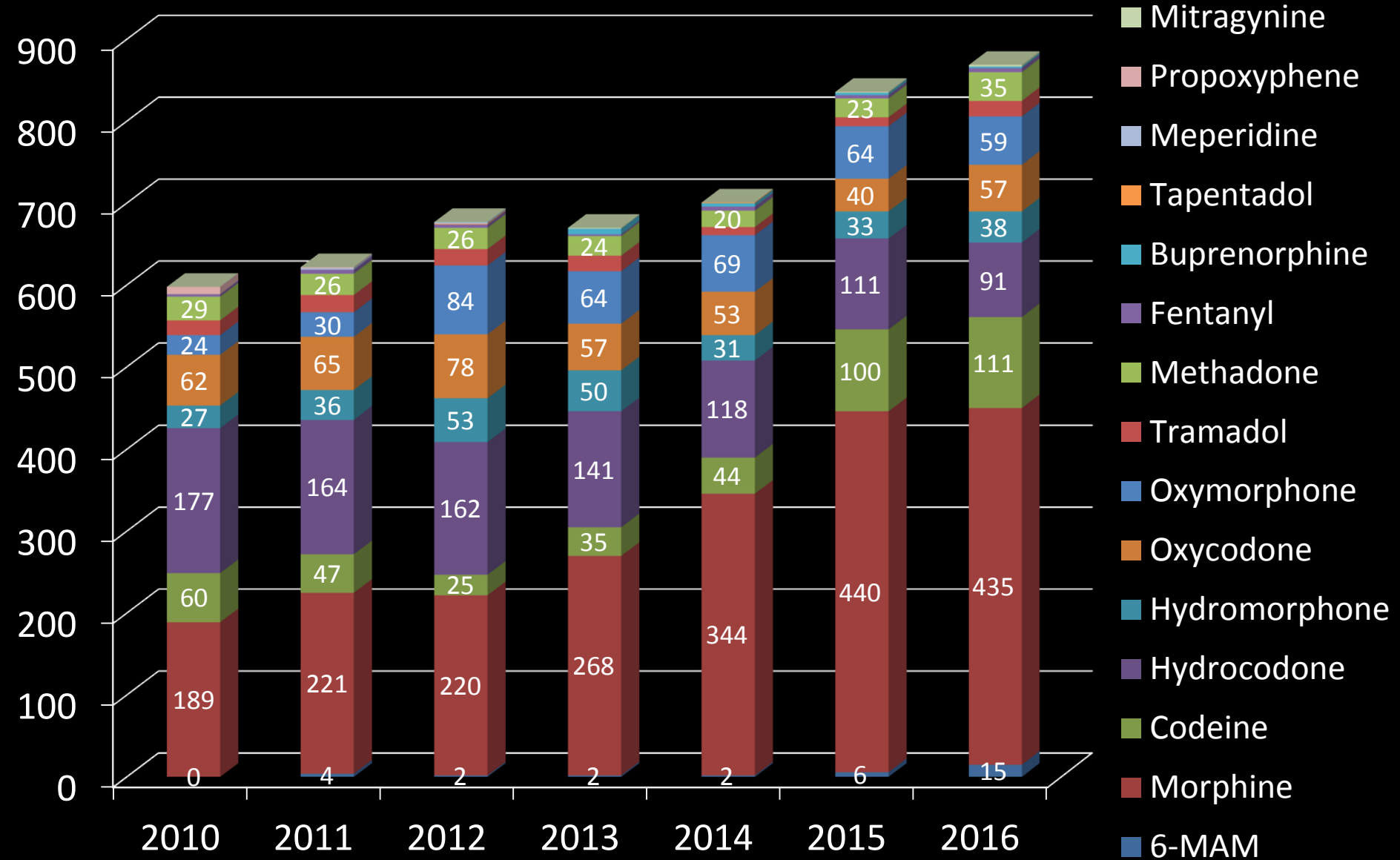
Oxycodone

Hydrocodone

Mitragynine

Codeine

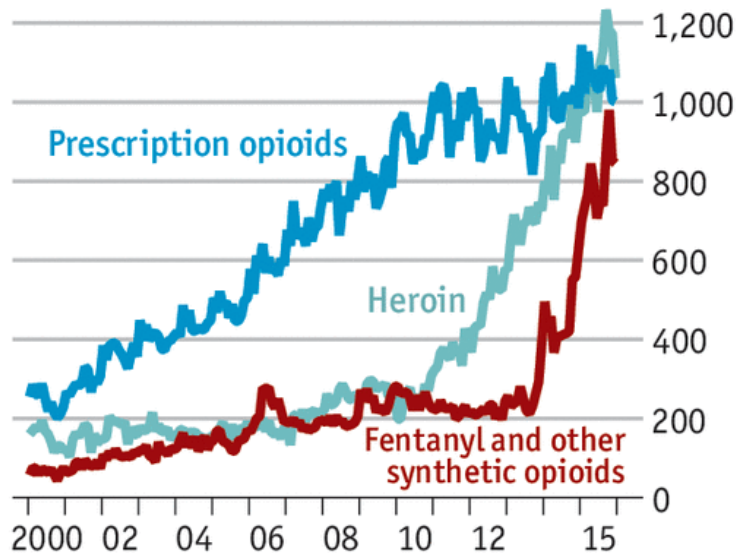
DUID Opioid Prevalence



Opioid Abuse

New highs

United States, drug overdose deaths*, monthly



Source: Centres for Disease Control and Prevention

*Deaths involving more than one drug are counted multiple times

Economist.com

- 26% increase in CT
- 35% increase in DE
- 39% increase in ME
- 62% increase in MD

Opioid Abuse

— DRUG OVERDOSES —
KILL MORE
THAN CARS, GUNS, AND FALLING.



Falling **28,360** deaths



Guns **32,351** deaths



Traffic accidents **33,692** deaths

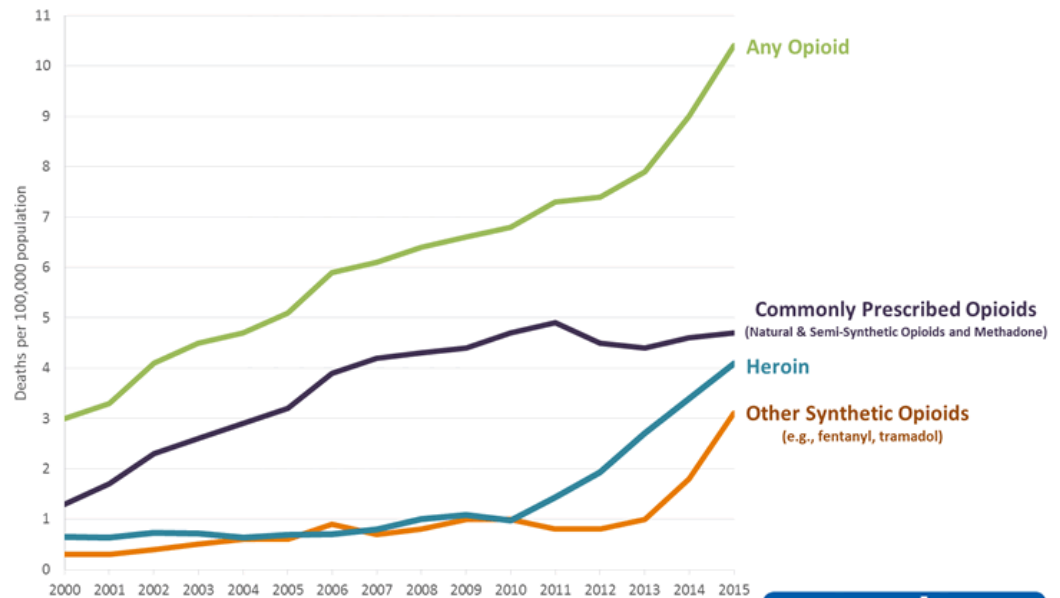


Drug overdoses **41,340** deaths

(16,917 from opioid
pain medicine)

Source: CDC Wide-ranging OnLine Data for Epidemiologic Research
(WONDER) on Mortality: <http://wonder.cdc.gov/mortsql.html> (2011)

Overdose Deaths Involving Opioids, United States, 2000-2015



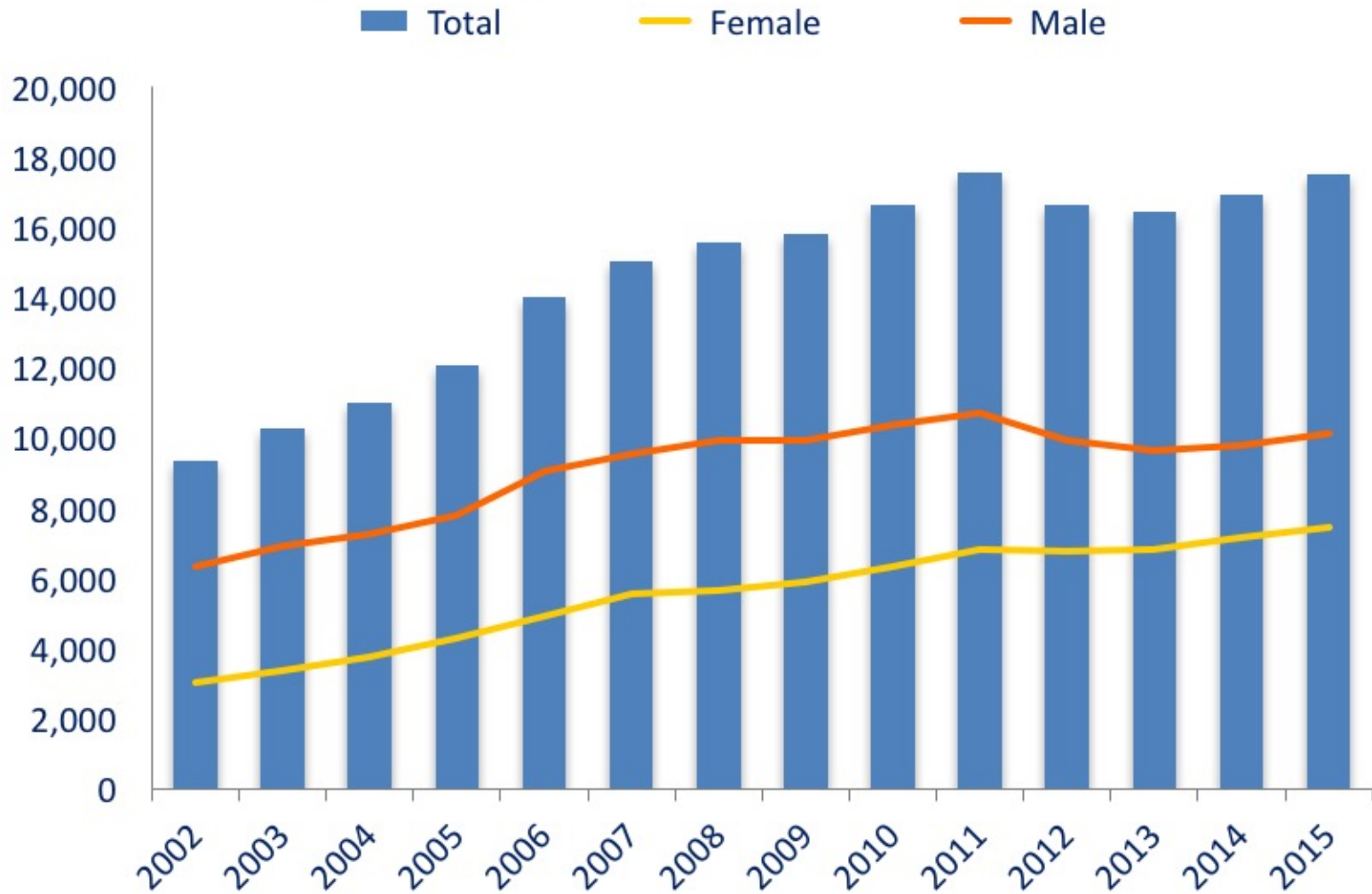
SOURCE: CDC/NCHS, National Vital Statistics System, Mortality. CDC WONDER, Atlanta, GA: US Department of Health and Human Services, CDC; 2016. <https://wonder.cdc.gov/>.

www.cdc.gov
Your Source for Credible Health Information



National Overdose Deaths

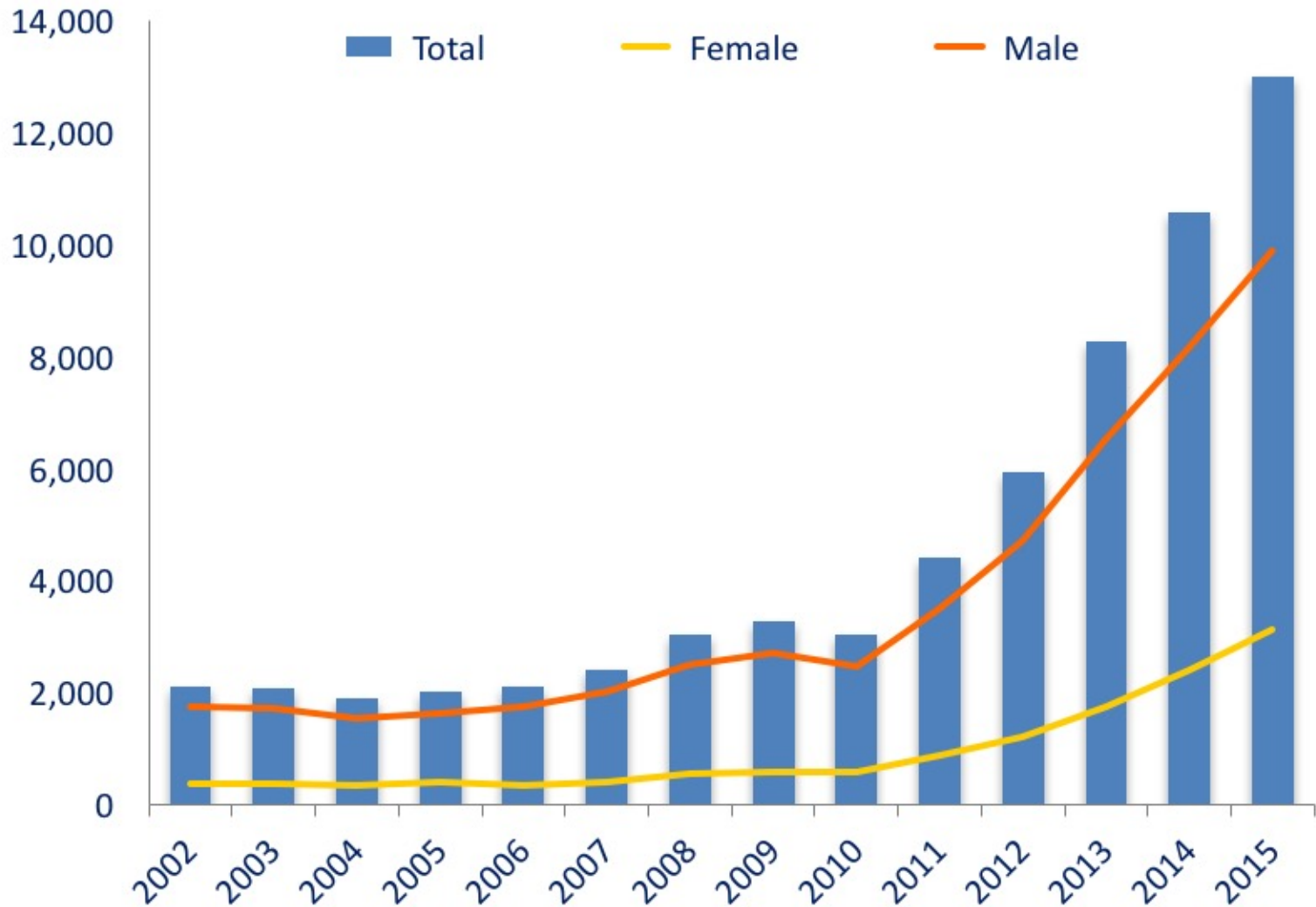
Number of Deaths Involving Prescription Opioid Pain Relievers (excluding non-methadone synthetics)



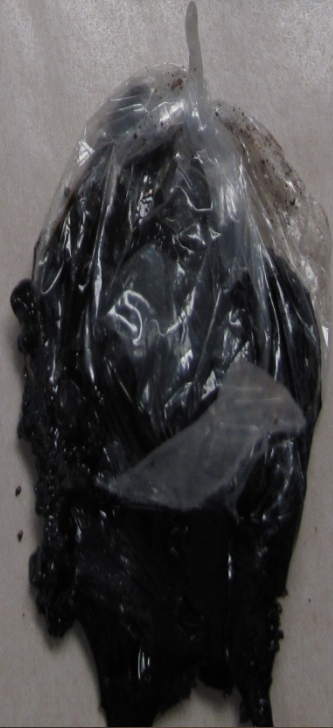


National Overdose Deaths

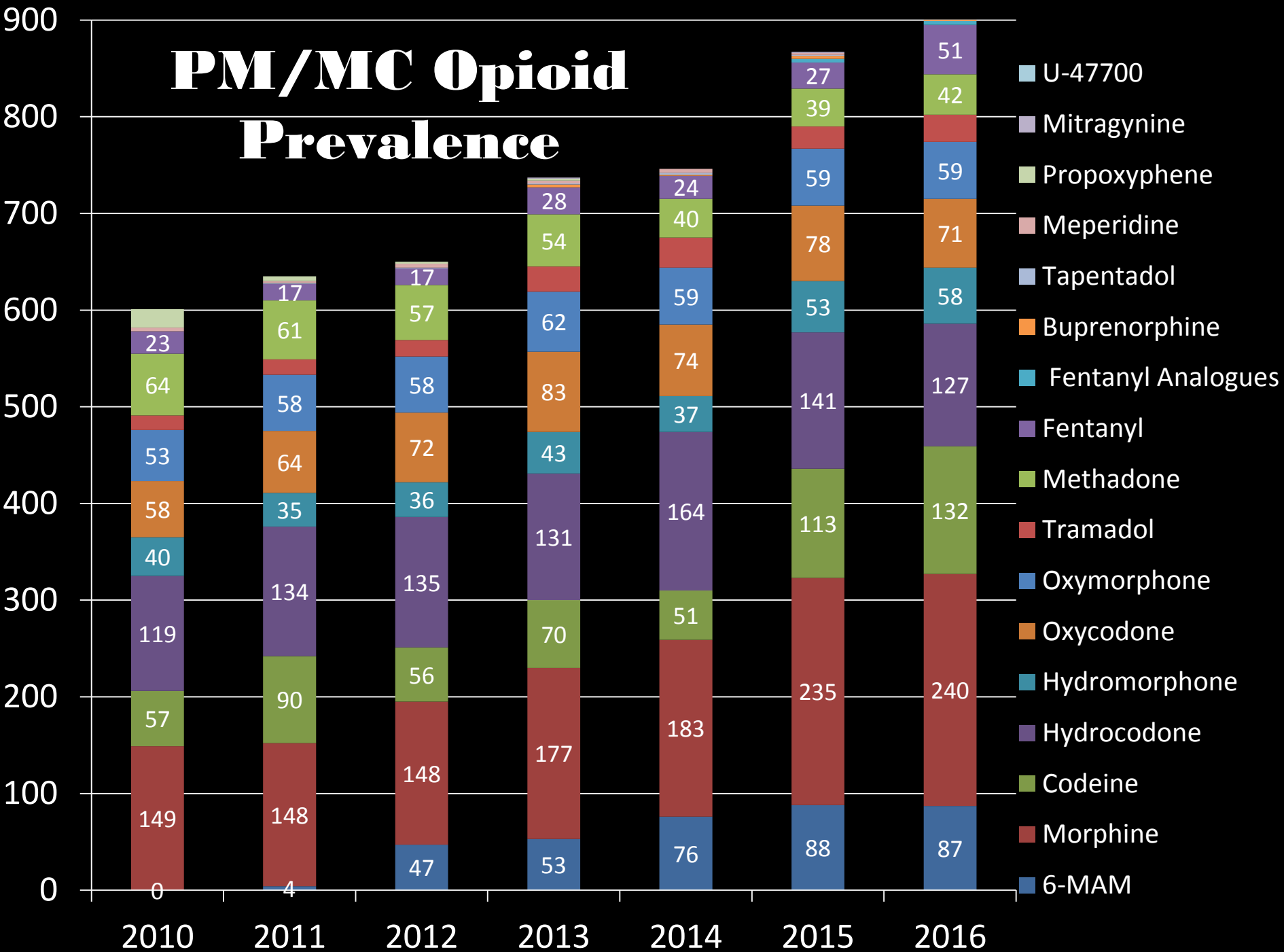
Number of Deaths Involving Heroin



Source: National Center for Health Statistics, CDC Wonder



PM/MC Opioid Prevalence



Fentanyl & Analogs



1 gram



1 milligram

Why Fentanyl?

- Fentanyl and analogues are the most potent opioids available.
- Approximately 50-100 times more potent than morphine and 30-50 times more potent than heroin
- Can cause respiratory depression sufficient enough to cause the user to stop breathing





Chemistry & Pharmacology

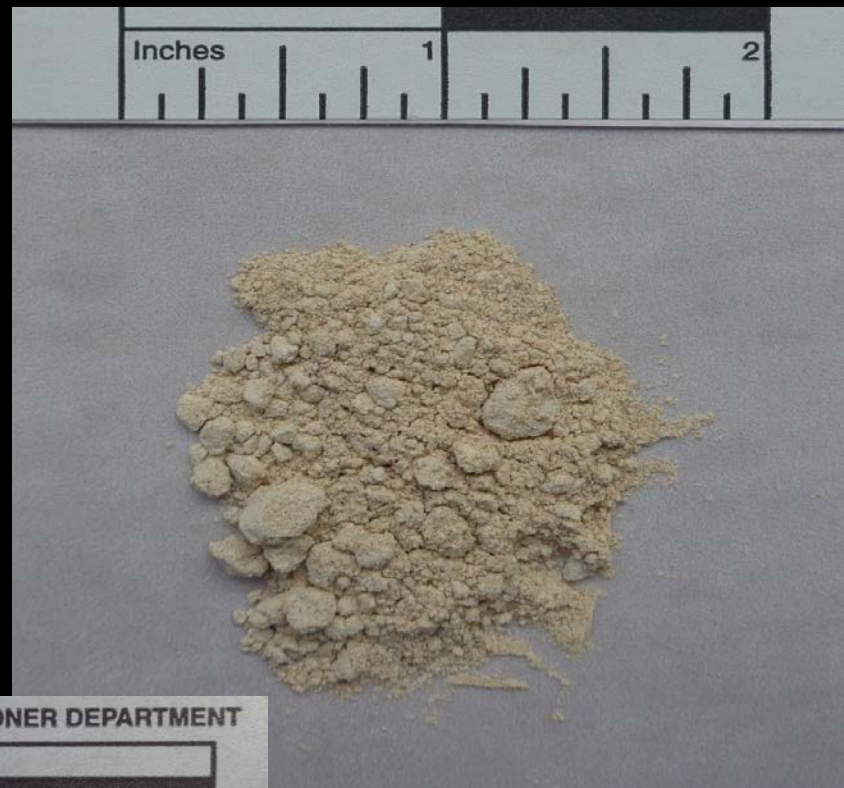
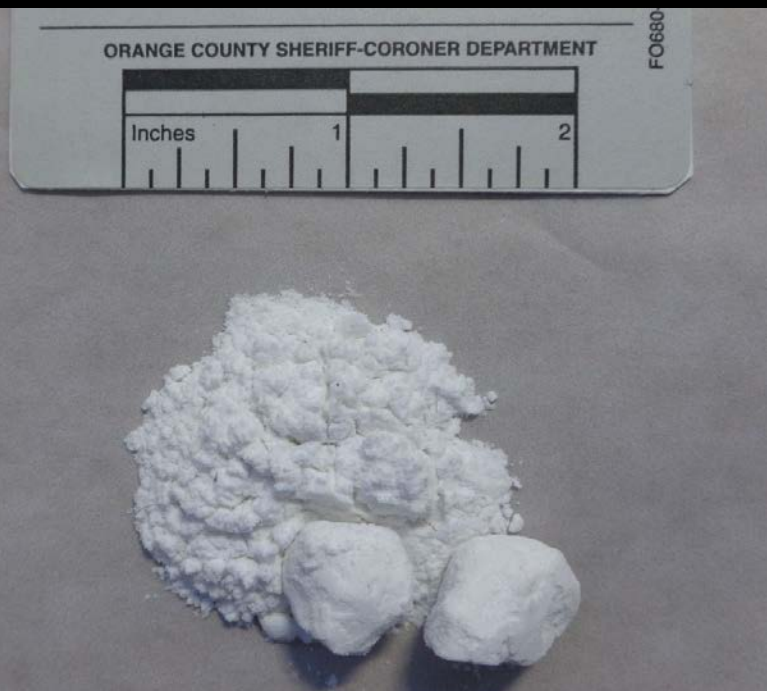
FENTANYL

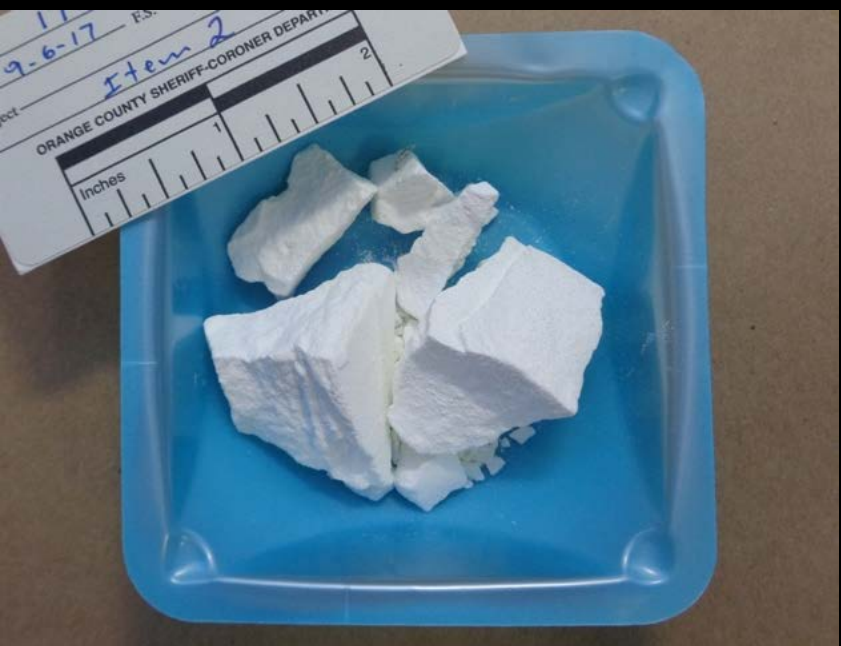
- Synthetic μ -opioid receptor with high lipid solubility
- Rapid onset, short duration
 - Action is immediate with intravenous use
 - **Peak effect 5-15 minutes**
 - Duration is only 1-2 hours
- Crosses blood brain barrier
- Doses as small as 0.25 mg can be fatal
- Readily absorbed through the skin
- Dependence develops in a few days

ACETYL FENTANYL

- Synthetic μ -opioid receptor with high lipid solubility
- Rapid onset, short duration
 - Action is immediate with intravenous use
 - **Peak effects slightly longer than fentanyl**
 - Duration is only 1-2 hours
- Crosses blood brain barrier
- Doses as small as 1 mg can be fatal
- Readily absorbed through the skin
- Dependence develops in a few days

Powder, Tar, Liquid, Patch, and Pill

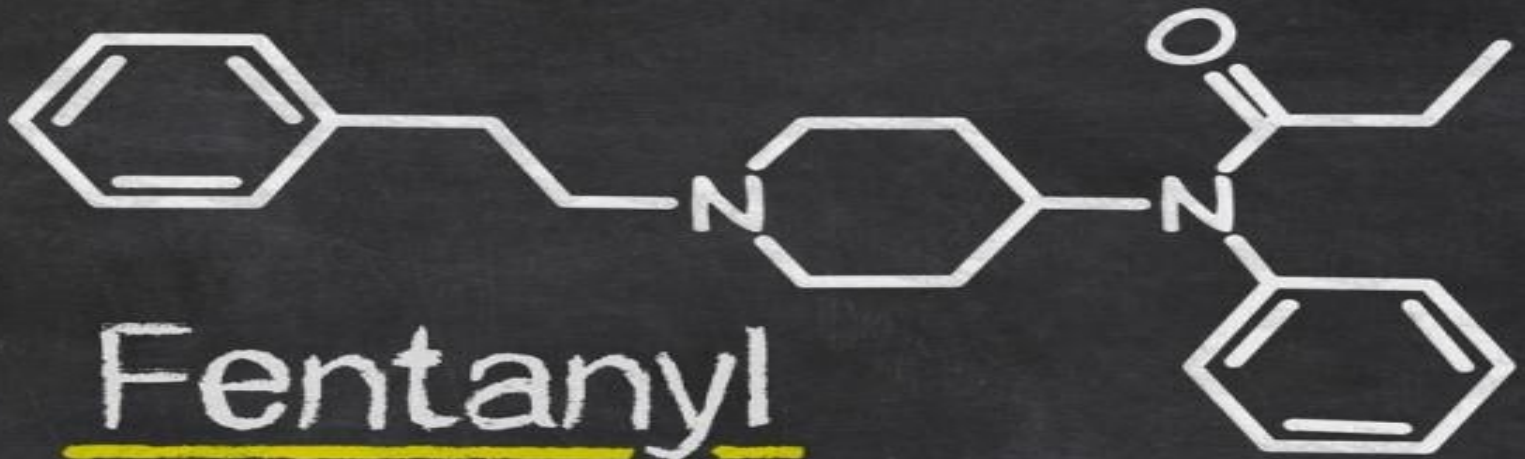




Over 30,000 Counterfeit Pills



**9 Analogs
Identified**



Fentanyl

$C_{22}H_{28}N_2O$

Acetyl

Furanyl

valeryl

Butryl

U47700

Methoxyacetyl

ortho-Fluoro

Cyclopropyl

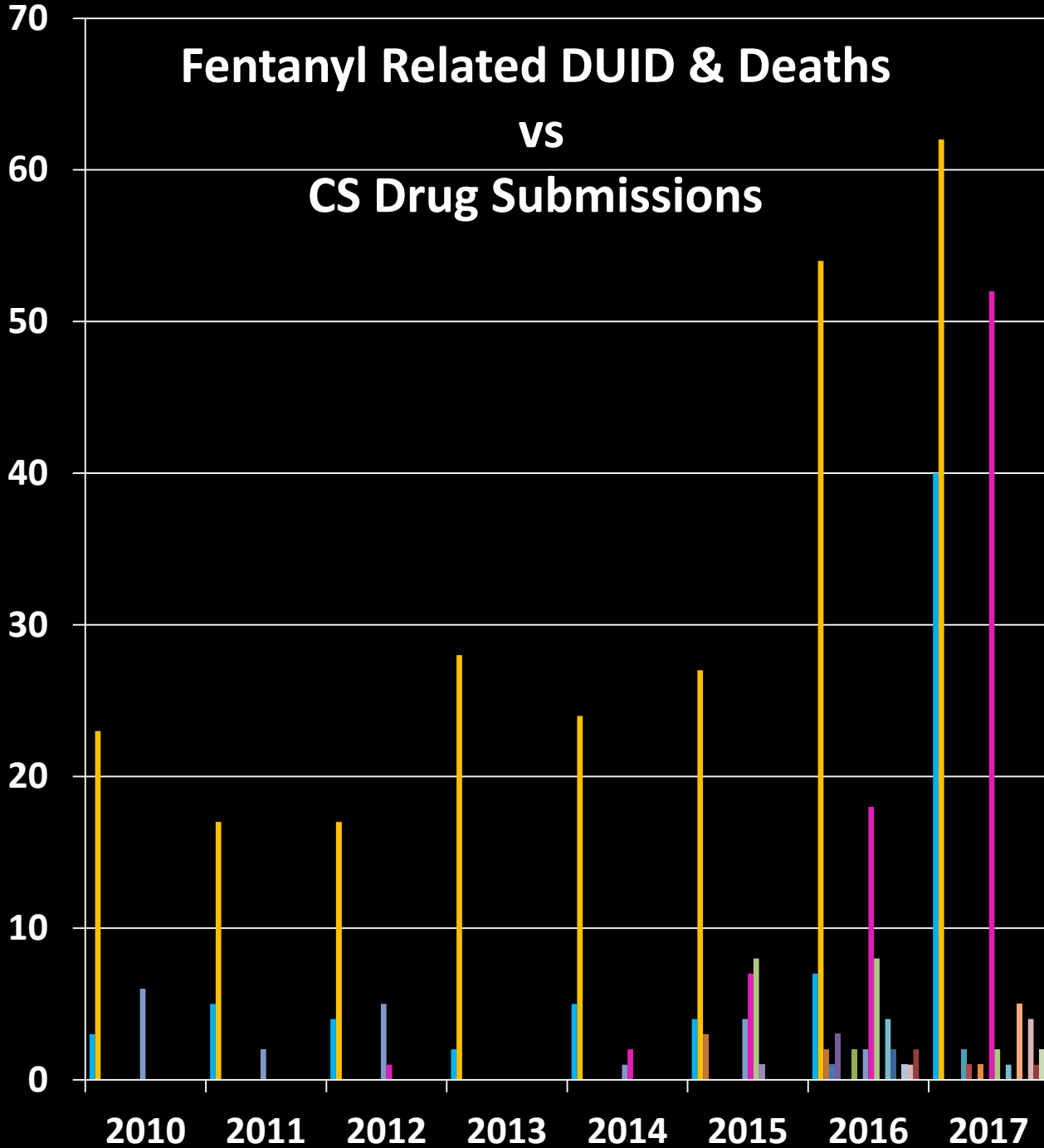
U49900

Acryl

Tetrahydrofuran

Carfentanil

Fentanyl Related DUID & Deaths vs CS Drug Submissions



- Fentanyl (DUID)
- Fentanyl (PM Tox)
- Acetyl Fentanyl (PM Tox)
- ortho-fluorofentanyl (PM Tox)
- Furanyl Fentanyl (PM Tox)
- Cyclopropyl fentanyl (PM Tox)
- Methoxyacetyl fentanyl (PM Tox)
- U47700 (PM Tox)
- U49900 (PM Tox)
- Fentanyl (pharmaceutical)
- Fentanyl (illicit)
- Acetyl Fentanyl
- Butyryl Fentanyl
- Furanyl Fentanyl
- Valeryl Fentanyl
- Cyclopropyl Fentanyl
- ortho - fluorofentanyl
- 4-ANPP (precursor)
- U47700
- U49900

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