ABOUT IMPAIRED DRIVING



(National Sleep Foundation)



Alcohol

In Texas, the legal BAC is .08, but, driving ability can be impaired below the legal alcohol limit.



Drugs

Drug-impaired driving refers to any drug use (prescription, over the counter or illegal).

EACH ONE OF THESE CAN LEAD TO:

Slower reaction time Impaired judgement Decreased cognitive and motor skill function Falling asleep at the wheel